

# Women's Health Walk & Talk

Join us for a gentle walk and talk in and around Hyde.

We meet on Monday mornings and walk for 30-90 minutes. If the weather is bad, we will stay indoors and chat.

## Where?

Meet at Hyde Healthy Living Centre, 20 Great Norbury Street in Hyde.

We are close to the big ASDA.

## When?

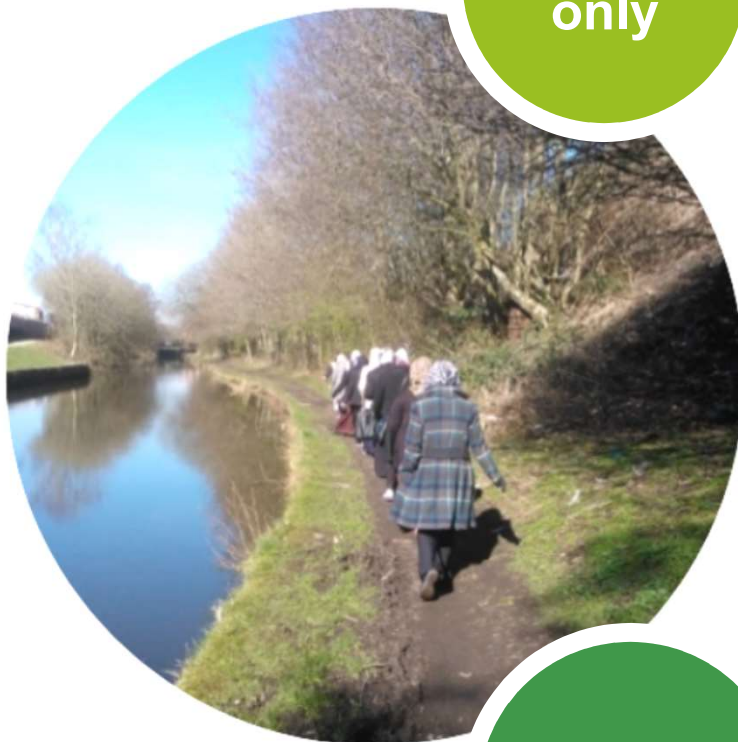
Mondays 9.45 – 11am.  
The event is not on during school holidays.

## How can I join?

Get in touch with Hasina on the number below to join.

FREE

Women only



Meet new friends!

**Diversity Matters North West**  
Healthy Living Centre  
20 Great Norbury Street  
Hyde  
SK14 1BR

T: 0161 368 3268 Mon-Thu 9-5/Fri 10-4

We speak: Bengali, Urdu, Punjabi.

[www.diversitymattersnw.org.uk](http://www.diversitymattersnw.org.uk)



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