

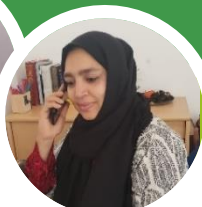
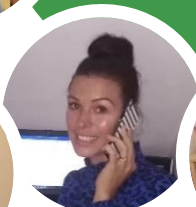
**Diversity  
Matters**

North West

# What we offer

**Our activities**

*June – August  
2022*



Diversity Matters North West  
Hyde Healthy Living Centre  
20 Great Norbury St  
Hyde  
SK14 1BR

Company Registration No. 6442869  
Charity Registration No. 1125544

[www.diversitymattersnw.org.uk](http://www.diversitymattersnw.org.uk)

T: 0161 368 3268

We speak: Bengali, Urdu, Punjabi, Hindi.

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Our activities are supported and funded by different commissioners and grants

# Support projects

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## Supporting the local Food Bank

Hyde Food Bank is open on Wednesdays 1-2pm at Hyde Methodist Church, Crook Street, Hyde, SK14 1NQ. Donations can be dropped off at Hyde Methodist Church on Wednesdays from 11am-2pm. For a food bank referral please contact the centre on 0161 368 3268.

## The Peer Mentoring Project

Provide support for South Asian women who are in crisis and need one-to-one support. Access opportunities to reduce isolation, experience learning opportunities and social activities, awareness sessions and information from local services. For more information, please contact: Nisma: 07549956567 / nisma@diversitymattersnw.org.uk

## Women's Basic skills training & employment readiness

We are supporting women for employment readiness and basic skills training such as English, IT and confidence building. We also offer virtual training sessions. For more information or to register, please contact: Hasina: 07591572844 / hasina@diversitymattersnw.org.uk or Shibley: 07946329099 / rilly@diversitymattersnw.org.uk

## Health and Wellbeing

Mental health and wellbeing awareness in communities. For more information, please contact Ruhela :07595614936 / ruhela@diversitymattersnw.org.uk

## Befriending Matters Tameside

Befriending Matters Tameside is a service which offers wellbeing support for people who are lonely, experiencing vulnerabilities and isolated. This service is a mix of weekly telephone and in person befriending. For more information please contact: Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk or Angie: 07467196702 / angie.knowles@stpeterspartnerships.org

## Women Matters Project

To help Bangladeshi women in Hyde to overcome loneliness and isolation post pandemic. We run weekly creative sessions and plan half term intergenerational family fun activities. If you would like to join or want to volunteer for this project, please contact Shifat: 07763406167 / shifat@diversitymattersnw.org.uk



# Join in

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## Emergency First Aid L2

(Women Only)

Registration Tuesday 7th June 10-12 @ Healthy Living Centre. SK14 1BR. Course will be on Thursday 16th June 9.30-3.30 at Hyde Central Methodist Church SK14 1NQ. For more information, please contact: Hasina: 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

## Basic Computer Course

(Women Only)

Registration 14<sup>th</sup> June 10-12 @ Healthy Living Centre. Course Date: Tuesdays at 10-12. 21<sup>st</sup> & 28<sup>th</sup> June, 5<sup>th</sup> 12<sup>th</sup> 19<sup>th</sup> & 26<sup>th</sup> July. For more information, or to book please contact: Hasina: 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

## Tea & Talk, Hyde

(Women Only)

21<sup>st</sup> June & 19<sup>th</sup> July, 9am-11am. At Greenfield Primary School, Hyde (during term time). A chance to talk to others and find out about local services. Free. For more information, please contact: Nisma: 07549956567 / [nisma@diversitymattersnw.org.uk](mailto:nisma@diversitymattersnw.org.uk)

## Employment Support one to one

(Women Only)

Tuesdays, 1-3pm. Online or Face to Face. Booking is required in advance. For more information or to book, please contact: Hasina: 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

## Kreative Kraftz

(Women Only)

4:30-6pm. Every Tuesday, at Hyde Healthy Living Centre. Sessions include learning to knit, crochet, sewing, collage/frame making, mehndi, platter/canvas/candle decorating, hijab styling and other wonderful skills. Contact Nisma: 07549956567/ [nisma@diversitymattersnw.org.uk](mailto:nisma@diversitymattersnw.org.uk)

## Community Learning Hub

(Women Only)

Every Wednesday, 10am-12pm. Hyde Healthy Living Centre, 20 Great Norbury St., SK14 1BR. Come along to use a laptop and get support from our Learning Mentors. Get help looking for jobs, fill in application forms, create your CV and cover letter, zoom, WhatsApp and other digital support you need. For more information or to book, please contact: Shibley: 07946329099 / [rilly@diversitymattersnw.org.uk](mailto:rilly@diversitymattersnw.org.uk) or Hasina 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

# Join in *cont.*

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## Women Matters Hub

Come and join us every Thursday morning from 10 am to 11:30 am, make new friends and engage in weekly activities. For more details and to book, please contact Shifat: 07763406167 / shifat@diversitymattersnw.org.uk

## Employment Workshop Online

(Women Only)

If you are interested to learn how to complete job application, improve your CV, learn interview technique please join our Employment workshop. Booking is required in advance. For more information or to book, please contact: Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

## Community Interpreting L2

If you are bilingual and would like to have a career as an interpreter, you can join our accredited Community Interpreting L2 Course. For more information or to register, please contact: Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

## ESOL

(Women Only)

We are planning English classes from September. If you are interested in joining, please contact Hasina: 07591572844 / hasina@diversitymattersnw.org.uk

## Volunteering Opportunities

**Peer Mentors:** Can you speak English plus Urdu or Punjabi or Bangla? Please contact: Nisma: 07549956567/ nisma@diversitymattersnw.org.uk

**Learning Mentors:** Want to help women on their learning journeys to future employment? Please contact Shibley on 07946329099 / rilly@diversitymattersnw.org.uk or Hasina on 07591572844 / hasina@diversitymattersnw.org.uk

**Befriender:** would you like to support lonely, isolated and vulnerable person? Please contact: Mahmuda: 07562686183 / mahmuda@diversitymattersnw.org.uk or Angie: 07467196702 / angie.knowles@stpeterspartnerships.org



Diversity Matters  
North West

Remember to follow us on social media where we post pictures and videos from our projects. Up-to-date times and dates for activities can also be found there.

**Please note:** Dates and locations are subject to change. For more details please ring us.

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