



Diversity Matters North West  
Hyde Healthy Living Centre  
20 Great Norbury St  
Hyde  
SK14 1BR

Company Registration No. 6442869  
Charity Registration No. 1125544

[www.diversitymattersnw.org.uk](http://www.diversitymattersnw.org.uk)

T: 0161 368 3268

Mon-Thu 9:30 to 4 / Fri 9.30-3

We speak: Bengali, Urdu, Punjabi, Hindi  
and English

[f /DiversityMattersNorthWest](https://www.facebook.com/DiversityMattersNorthWest)

[i /diversity\\_matters\\_north\\_west](https://www.instagram.com/diversity_matters_north_west)

Our activities are supported and funded by different commissioners, grants, fundraising, and our [Women's Interpretation and Translation Service](#). To support our work, see our website <https://www.diversitymattersnw.org.uk/>

# Support projects

<b>Bereavement Support Project for South Asian Communities</b>	We are currently conducting a consultation of how we develop our bereavement and loss service. If you are interested in getting involved, please contact Sabina: 07907827190 / <a href="mailto:sabina@diversitymattersnw.org.uk">sabina@diversitymattersnw.org.uk</a>
<b>Women Supporting Women</b>	Providing help for South Asian women at the point of crisis who need one-to-one support. Come and access social activity groups and awareness sessions to reduce isolation. Experience learning opportunities and gain information from local services. For more information, or want to volunteer, please contact: Nisma: 07549956567 / <a href="mailto:nisma@diversitymattersnw.org.uk">nisma@diversitymattersnw.org.uk</a> or Mahmuda: 07562686183 / <a href="mailto:mahmuda@diversitymattersnw.org.uk">mahmuda@diversitymattersnw.org.uk</a>
<b>Women's Basic skills training &amp; employment project</b>	Providing help and support for women from minority ethnic communities in Tameside who want to get employment ready. We offer basic skills training such as English classes (ESOL), Computer courses, confidence building, CV and employment support, volunteering and travel training. For more information or to register, please contact: Hasina:07591572844 / <a href="mailto:hasina@diversitymattersnw.org.uk">hasina@diversitymattersnw.org.uk</a>
<b>Community Health and Wellbeing Project</b>	Health and wellbeing support for the minority ethnic communities of Tameside. Come and join us for exciting opportunities to improve your health and wellbeing. Meet with guest speakers and get involved in different activities from workshops, trips to crafts, games, exercise and much more. For more information, please contact Shibley: 07946329099 / <a href="mailto:rilly@diversitymattersnw.org.uk">rilly@diversitymattersnw.org.uk</a>
<p><b>Room Hire:</b> Do you need space for a meeting? Training session? We have two rooms available for hire. Please contact Julie on 0161 368 3268 or <a href="mailto:Julie@diversitymattersnw.org.uk">Julie@diversitymattersnw.org.uk</a></p> <p><b>We are now able to accept donations <u>Website:</u></b> Help us to continue to provide support to the local community across Tameside, by donating on our website <a href="#">donate function</a>. Our supporters can create their campaigns to help fundraise and support our core work with vulnerable people from minority communities through Facebook. <a href="#">Create your campaign here.</a></p>	

# Join in for free

Please note that sessions will not run in March due to Ramadhan.

## Monday: Term-Time

<p>Access Support Service</p> <p>Drop-in</p>	<p><b>Time: 10am-2:30pm. Dates: Every Monday. Starts 6<sup>th</sup> January. Place: Hyde Healthy Living Centre, Hyde, SK14 1BR.</b> If English is not your first language and you're struggling to make appointments/access other services, come to our drop-in session for support. For details contact Nisma: 07549956567/<a href="mailto:nisma@diversitymattersnw.org.uk">nisma@diversitymattersnw.org.uk</a> or Mahmuda: 07562686183/ <a href="mailto:mahmuda@diversitymattersnw.org.uk">mahmuda@diversitymattersnw.org.uk</a></p>
<p>Daisy Chain Training</p> <p>(Women Only)</p>	<p><b>Time: 12.30-2pm Dates: Every Monday. Starting 6<sup>th</sup> January. Place: Hyde Healthy Living Centre, Hyde, SK14 1BR.</b> Information, aisy chain course, delivered In partnership with Leap. 7-week program designed to support mums in crisis. Weekly session. If you want more information, please contact <a href="mailto:Mahmuda@diversitymattersnw.org.uk">Mahmuda@diversitymattersnw.org.uk</a> number 07562686183 <a href="mailto:nisma@diversitymattersnw.org.uk">nisma@diversitymattersnw.org.uk</a> Nisma:07549956567</p>

## Tuesday: Term-Time

<p>Kreative Kraftz</p> <p>(Women Only)</p>	<p><b>Time: 4:30-6pm. Date: Every Tuesday. Starts 7<sup>th</sup> January. Place: Hyde Healthy Living Centre, Hyde, SK14 1BR.</b> Come and join our sessions and get to know people. Enjoy learning to knit, crochet, dress making / sewing, collage/frame making, mehndi, platter/canvas/candle decorating, hijab styling and other creative skills. For details contact Nisma: 07549956567/ <a href="mailto:nisma@diversitymattersnw.org.uk">nisma@diversitymattersnw.org.uk</a></p>
<p>Talk English Language Cafe</p>	<p><b>Time: 10am-12pm. Date: Every Tuesday. Starts 7<sup>th</sup> January. Place: Hyde Healthy Living Centre, Hyde, SK14 1BR.</b> Come and join the Cafe and practice your English. For more information, please contact Hasina: 07591572844 / <a href="mailto:hasina@diversitymattersnw.org.uk">hasina@diversitymattersnw.org.uk</a></p>

## Wednesday: Term-Time

<p>Community Learning Hub</p> <p>(Women Only)</p>	<p><b>Time: 10am - 12.30pm. Every Wednesdays. Hyde Healthy Living Centre, Hyde, SK14 1BR. Starts 8<sup>th</sup> January.</b> Drop in to use our community laptop and get digital or employment support from our Learning Mentors. For details contact Hasina:07591572844 / <a href="mailto:hasina@diversitymattersnw.org.uk">hasina@diversitymattersnw.org.uk</a></p>
<p>Chayer Adda</p> <p>(Men Only)</p>	<p><b>Time: 11am-1.30pm. Dates: 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> Jan 5<sup>th</sup>, 12<sup>th</sup> and 26<sup>th</sup> Feb. Place: Italian Bar 4 Square, Hyde, SK14 2QR.</b> Come along to our Chayer Adda for freshly homemade chai and traditional breakfast and engage in wellbeing activities, games and talks. For details contact Shibley: 07946329099 / <a href="mailto:rilly@diversitymattersnw.org.uk">rilly@diversitymattersnw.org.uk</a></p>
<p>Tea &amp; Talk, Hyde</p> <p>(Women Only)</p>	<p><b>Time: 9am-11am. Dates: 8<sup>th</sup> January &amp; 5<sup>th</sup> February. Place: St George's Primary, Hyde, SK14 1JL.</b></p> <p>A chance to talk to others and find out about local services. For details contact Mahmuda: 07562686183/ <a href="mailto:mahmuda@diversitymattersnw.org.uk">mahmuda@diversitymattersnw.org.uk</a></p>

## Thursday: Term-Time

### Women's Hub (Women Only)

**Time: 10am-12pm. Date: 9th 16th, 23rd, and 30th January. 6th, 13th, 24th February. Place: Hyde Central Methodist Church.**

Come along and join us in our craft activities, make new friends and engage in monthly wellbeing talks, walking, where you can connect with the community, explore your local area, get fit and healthy!.

For more details contact Shibley 07946329099 / [rilly@diversitymattersnw.org.uk](mailto:rilly@diversitymattersnw.org.uk)

## Friday: Term-Time

### Coffee Mornings – Ashton (Women Only)

**Time: 9am-11am Date: 17<sup>th</sup> January & 14<sup>th</sup> February. Place: Holy Trinity Primary School, OL6 7DU.**

A chance to talk to others and find out about local services.

For details, please contact Mahmuda: 07562686183/  
[mahmuda@diversitymattersnw.org.uk](mailto:mahmuda@diversitymattersnw.org.uk)

## Coming soon for women.....

**Training:** Confidence Building, Computer Course, Introduction to Volunteers, Travel Training. For more information, please contact Hasina: 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

**Loss & Grief Awareness:** Sessions coming soon for more information please contact Sabina on 07907827190/ [sabina@diversitymattersnw.org.uk](mailto:sabina@diversitymattersnw.org.uk)

## Volunteering Opportunities

**Peer Mentors:** Can you write & speak English + speak Urdu or Punjabi or Bangla? We need volunteers. Training will be given. Contact Nisma at 07549956567 [nisma@diversitymattersnw.org.uk](mailto:nisma@diversitymattersnw.org.uk) or Mahmuda: [0756268618](tel:0756268618) / [mahmuda@diversitymattersnw.org.uk](mailto:mahmuda@diversitymattersnw.org.uk)

**Learning Mentor & Project Support:** Would you like to join our women's skills and employment project and help other women on their learning journeys for future employment? Then why not help and volunteer. Please contact Hasina on 07591572844 / [hasina@diversitymattersnw.org.uk](mailto:hasina@diversitymattersnw.org.uk)

**Health & Wellbeing:** Do you enjoy meeting new people? Then get involved in our Health and Wellbeing project. We are looking for male and female volunteers who can assist us in our Chayer Adda and women's hub. Please contact Shibley on 07946329099 / [rilly@diversitymattersnw.org.uk](mailto:rilly@diversitymattersnw.org.uk)

